

Welcome,

Escape studio is a calm and tranquil salon offering a wide range of Beauty, nails and holistic therapies'.

The studio is set within Barleylands craft village, which has free parking and entry with full disabled access throughout. Escape uses Eve Taylor facial skincare and essential oils, Creative nail products, Bach flower remedies and La Stone Therapy, Nouveau Lashes and Semi Permanent Make-up.`

We also provide individual packages to suit, children's pamper parties and one-day accredited courses. Refreshments are provided and free consultations are offered on all treatments.

At Escape we take into consideration your individual needs for the ultimate experience. Our staff have been trained to the highest standards and combining our extensive knowledge and expertise our aim is to exceed your expectations by offering a personal affordable service tailor made especially for you.

We are also proud to announce that we are the winners of The Basildon District Business Awards - 'Best New Company Award 2009'.

Finalist for Essex Countywide Business Awards

Why not take the time to visit us and maybe after your treatment relax in the beautifully landscaped surroundings of Barleylands.



*Escape to Relax, Revive,
Restore. A perfect balance!*

Nails

Using Creative acrylic nail products to lengthen and repair, this liquid and powder system is strong flexible and kind to the natural nail.

Or

Brisa gel system is the first ever gel system to be termed “hypoallergenic” they are strong, thin, light and natural looking.

Full set of nail extensions (1½ hour)	£30.00
Full set of sculpted extensions (1 hour)	£35.00
Full set of overlays (1 hour)	£25.00
Rebalance (1 hour)	£20.00
Rebalance French Tips (1 hour)	£25.00
Individual nail extensions	£ 3.50
Popits express nail system (45min)	£20.00
Full set of nail extensions with glitter tips	£35.00
Gel Topcoat - to enhance acrylic or gel nails and prevent lifting	£ 5.00
Hollywood Toes - Overlays	£25.00
Hollywood Toes - Tips & Overlays	£35.00
Shellac - Fantastic for nails.	Fingers £20.00
<i>This revolutionary new treatment from Creative</i>	Toes £25.00
<i>for longer lasting nail polish that doesn't chip and can last for two weeks</i>	

Removal of artificial nail products to include:

A nail shape, hand and arm massage, nail strengthener and polish. (1 hour) £20.00

Hands & Feet

Classic Spa Manicure (45 min) £18.00

A tailored manicure to treat individual nail types. Includes nail shaping, cuticle work, massage and a perfect polish that lasts.

Luxury Spa Manicure (to include: mask and heated mittens) £23.00

A custom manicure for the nails that treats individual nail types. This manicure leaves each nail shaped, exfoliated, massaged and polished to perfection. Thermal mitts ensure that you feel truly pampered.

Classic Spa Pedicure (1 hour) £23.00

A pedicure tailored for the individual. Includes nail shaping, cuticle work, exfoliation, and a perfect polish

Luxury Spa Pedicure £30.00

A luxurious pedicure that includes heated booties, for deep penetration of oils and creams, Softening and soothing for stiff aching muscles and joints in the feet and legs.

Escape Exclusive Pedicure (1hr 15min) £35.00

An advanced pedicure including, foot spa, exfoliation, hard skin removal, cuticle work, nail shaping, an indulgent leg & foot massage, completed with nail polish.

Tired Legs (30mins) - Leg & foot massage with nail shape and polish £20.00

Nail shape and polish (fingers) £ 10.00

Nail shape and polish (toes) £ 10.00

Nail Art (freehand) *from* £ 5.00

Nail Art (Airbrushing) *from* £ 5.00

Body Art £ 5.00

Eyes

Eyelash tint (15 min) £ 9.00

Eyebrow tint £ 6.00

Eyelash perming (1 hour) £25.00

Eyebrow tint and shape £10.50

Eyebrow shape -Waxing £ 7.00

Revitalising eye rescue (30 min) £25.00

This treatment is perfect for tired, puffy eyes. Using a specialised masque followed by a pressure point and drainage massage to rejuvenate and firm this delicate area.

Semi-permanent lash extensions (1-1hr 30 min) £50.00

(To include maintenance one week after initial application)

These are the state of the art semi-permanent lash extensions that give you longer, thicker and very natural looking lashes. Loved by celebrities and perfect for giving your eyes the ‘wow factor’.

Maintenance for Nouveau Lashes (1 hour) £30.00

Please note:

A test patch is required at least 24 hours prior to treatment for tinting and perming.

Depilatory Waxing

Using tea tree crème wax for its antiseptic properties and hygienic removal of unwanted hair. Waxing is recommended every 4-6 weeks for finer more even hair growth.

Full leg and Brazilian	£35.00
Full leg and Bikini	£25.00
Full leg wax	£20.00
Top of leg wax	£15.00
Half leg wax	£14.00
Under arm wax	£ 7.50
Fore arm wax	£10.00
Bikini wax	£ 8.00
Brazilian wax	£18.00
Hollywood	£30.00
Eyebrow shape	£ 7.00
Threading	£12.00
Chin wax	£ 6.00
Upper lip wax	£ 6.00

Please note:-Waxing is not recommended before or after sunbed,
sun bathing or any form of heat treatment.

Face

Eve Taylor has over four decades of skincare knowledge and unites the very best of plant essences with the needs of the skin. Their products are only available through salon, spa and professional therapists. At Escape we can offer professional home care advice and recommendation to ensure you get the right product for the right reason to benefit and maintain a regime appropriate to your skin care needs. Eve Taylor products follow criteria of being naturally safe and effective and adopt a contamination free packaging concept. They do not contain mineral oil, alcohol or artificial fragrances.

All facials to include Treatment Add Ons (TAO) please choose from:

Hand and arm massage

Foot and leg massage

Mini reflexology

Eye treatment masque

Lip treatment masque

Hand and arm exfoliation

Foot and leg exfoliation

Anti-stress relief back & neck massage

Skin brightening facial (1 hour) plus 1 TAO £35.00

Perfect for all skin conditions, customised to your skin complaints and stress levels.

This facial improves the skins radiance, appearance and texture of the skin.

Aromatherapy facial (1 hour 15mins) plus 2 TAO £40.00

This truly relaxing facial is individually tailored to suit your skins requirements – it purifies and balances oily, congested skin, hydrates and nourishes dry skin, revitalises dull, tired skin and soothes and revives dehydrated and sensitive complexions. Using wonderful aromas and gentle strokes for a wonderful holistic experience.

Regenerating facial (1 hour 15 mins) plus 3 TAO £45.00

An intensive boost for mature, stressed or distressed skin, using products and specialised masque to give concentrated protection and nourishment. This facial combats the signs of premature ageing and environmental stresses, concentrating on regenerating, firming and nourishing, leaving the skin noticeably fresh, toned and revitalised.

Luxury Face and Body Indulgence (1 hour) £55.00

Escapes exclusive luxury face & body indulgence: Experience the perfect escape, this treatment duo - a sensational thermal massage, combined with an anti aging facial for total relaxation of the mind and body.

Natural Lift Facial Massage (45 mins)

This facial rejuvenation treatment incorporates a unique blend of highly effective techniques from Indian Face Massage (also known as Facial Rejuvenation or the Natural facelift - a face lift without surgery) with the complementary techniques from Japanese Facial Massage, and also Acupressure for the face, these new therapies are becoming increasingly popular with clients, making this a wonderfully relaxing massage to receive.

£35.00

Non-Surgical Face lift (1½ hour)

£25.00

Ultra Visage lifts and tones the muscles in the face and neck, softens lines and wrinkles, improves the circulation, helps restore elasticity in ageing skin and helps delay the ageing process. This is a safe, painless and extremely effective treatment. A course of ten treatments is recommended and a maintenance treatment thereafter.

Course of ten sessions

£225.00

Trial Session

£10.00

Revitalising eye rescue (30 min)

£25.00

This treatment is perfect for tired, puffy eyes. Using a specialised masque followed by a pressure point and drainage massage to rejuvenate and firm this delicate area.

Escape Exclusive Facial

A regenerating facial combined with a rejuvenating treatment to help with anti aging and pure stress relief. Using acupressure, thermal massage & drainage techniques with fantastic results.

(1 hour 15 min)

£65.00

Course of 6

£325.00

Body

Bronzing treatment (45 min) £30.00

St. Tropez / bronzing treatment includes full body exfoliation, body brushing and treatment application. Tan begins to develop in four hours.

Beach babe spray tan – Sienna X (15 min) £15.00

Using Sienna X the leading spray tan to give you a gorgeous bronzed appearance that will ensure you look stunning with every outfit.

Full body polish (30 min) £17.00

A true indulgence for your body. Enjoy the body polish exfoliating treatment followed by a smoothing body lotion treatment. Body polish is great for removing dead skin cells to give the skin a radiant glow and to help prolong a smooth even tan.

Stimulating hip and thigh treatment (30 min) £22.00

A specialised treatment to stimulate the circulatory and lymphatic systems, concentrating on areas of the body prone to 'blockages' cellulite, fluid, retention and uneven skin texture. Exfoliation is followed by a detoxifying massage using stimulating essential oils, gently helping to purify and cleanse the body.

Holistic back, and scalp treatment (50 min) £35.00

Deep cleansing and back exfoliation is followed by an aromatic oil massage, bringing powerful de-stressing benefits to mind and body. A treatment specifically designed for pure relaxation.

Spa body sculpting & detoxifying treatment (1 hour) £50.00

To include body brushing, exfoliation, mask and wrap.

Sienna X Spray Tan

Spray tan parties available, can be held at the salon or at a venue of your choice.
(minimum 5 People)

Professional make up

At Escape we are all experienced professional make-up artists. As this is a very important day for any bride to be, a full consultation and treatment plan will be carried out. Every bride wants to look radiant and with our experience you and your bridal party will look truly beautiful for your wedding day and photographs. We use Id bare minerals make up which is a 100% natural formula, it contains no preservatives, fillers or binders, or any other chemical ingredients.

Every bride should have a trial make-up session, we can then discuss in detail your expectations and requirements to ensure you look and feel fabulous on your special day. All trials are held at the salon.

Wedding make up:	£55.00 (salon) £75.00 (venue)
Trial (1 hr):	£35.00
Bridal party:	£25.00
Flower girls:	£10.00
Make up for special occasions (30 mins):	£25.00
Relax while we create the perfect look for your occasion.	

Make up lesson (45 min) £30.00
A great way to gain ideas and refresh your look.
Have a make up lesson with one of our resident make up artists
and go out looking fresher and more radiant.

Bridal preparation

For the ultimate in luxury prior to your wedding day indulge! Full body polish, full body massage, manicure, pedicure, eyelash tint, and eyebrow shape.

Please take a look at our website for gallery photographs.
www.escapestudio.co.uk

Please note:
a 50% non-refundable deposit is required to secure your wedding date.

Semi-Permanent make up

Permanent cosmetics - also known as permanent makeup or micropigmentation - are an advanced form of cosmetic tattooing.

Sarah trained with Nouveau Contour who are internationally recognised and their reputation is regarded as one of the best in permanent makeup. Sarah has extensive knowledge and has been in the beauty industry for 17 years, every client can be assured that her constant training ensures all her treatments are performed to the highest possible standards. - **Price on consultation.**

The cosmetic implantation technique deposits tiny individual implants of pigment into the dermal layer of the skin. Virtually painless and with the ability to create a stunning, natural effect, permanent cosmetics are the answer to nature's ageing process.

Permanent cosmetics consultaion

Redeemable on treatment £50.00

Nouveau contour eyebrow contours

Scars in brows £100.00

Powdered brow effect £250.00

Redesign natural hair stroke brows *from* £300.00

Nouveau contour eye contours

Lash enhancement (bottom) £200.00

Lash enhancement (top) £200.00

Lash enhancement (top & bottom) £350.00

Nouveau contour lip contours

Lip contour £250.00

Lip contour with a defined blend £275.00

Lip blush £300.00

Lips full colour £350.00

Nouveau contour beauty enhancements

Beauty mark £50.00

Nouveau contour retouch procedures

Per session (one year) £175.00

All of the above listed prices include one retouch procedure within **3 months** of the initial procedure

Botox Now Available

Dr Chhaya Chauhan is a trained dentist, qualified from Bart's and The Royal London Hospital in 2004. She went on further to complete her MJDF in 2006 and is now a member of the Royal College of surgeons. She is committed to keeping up to date with the latest training and extending her knowledge. As a dentist she has a strong understanding of the anatomy of the face and has treated many nervous patients successfully with her caring and friendly manner.

One area	£90.00
Two areas	£157.00
Three areas	£220.00
Underarms	£375.00
Fillers (per syringe)	£250.00
Teeth Whitening	£199.00

Bookings Sunday and Monday only Please contact 01268 285157

Men

At Escape we have a large male client base and most of our treatments are suitable for men. However we do have a unique range of face and body products designed specifically for men. They use scents like clove, sandalwood, peppermint, and lemongrass and include calming treatments to help shaving irritation.

Facial (45 min) £30.00

This facial is suitable for all skin types and results in a healthy fresh complexion. Includes a deep cleansing scrub followed by a mask and a stress relieving scalp and facial massage.

Back, neck and shoulder stress release massage (30 min) £25.00

A deep, relaxing massage to ease away tensions and stress whilst cleansing and hydrating the skin.

Full Body Massage (1 hour) £35.00

Holistic back and scalp treatment (50 min) £35.00

The initial, deep cleansing back exfoliation is followed by an aromatic oil massage, and mask, bringing powerful de-stressing benefits to mind and body.

Manicure (30 min) £17.00

This luxurious treatment includes exfoliation, cuticle work followed by a relaxing hand and arm massage.

Pedicure (45 min) £23.00

A wonderful treatment including, foot spa, exfoliation, hard skin removal, nail shaping, cuticle work and a soothing foot and leg massage.

Back Wax £17.00

Chest Wax £17.00

Eyebrow Wax £ 7.00

Men only (1hr 30 min) £60.00

The perfect treat for men, this package includes a skin brightening facial, back exfoliation, mask and massage, or a sports back & neck massage.

Complementary Therapies

Aromatherapy

The aim of a holistic aromatherapy massage is to treat the whole person. After a full consultation, essential oils will be selected and blended together for the individual. Aromatherapy can help lower blood pressure, regulate heart rate and release the body's natural endorphins easing stress, anxiety and tension. Aromatherapy is a gentle massage to rebalance the inner you.

Full body (1 hour)	£38.50
Back, neck & shoulder (30 min)	£27.00

To have a consultation and an individual treatment oil made up without the massage:
£10.00

Reflexology

An ancient pressure point massage technique for the feet combined with massage to encourage the release of toxins, promote relaxation and improve sleep, reducing stress, to bring an overall balance to the body.

1 hour treatment	£30.00
Course of six (to be paid in full when booking)	£150.00

Hot Stone Reflexology (1 hour) £40.00

The warmed volcanic stones create a sensational experience melting away stress and tension, relaxing your mind and body. Combining Hot Stones with Reflexology to help promote balance and harmony - Pure indulgence.

Course of six (to be paid in full when booking) £200.00

Indian Head Massage

Designed to help ease tension and to relieve and calm the emotions of the mind. Focusing on the scalp, face, neck and shoulders, this treatment alleviates stagnant energy, gets rid of toxins to help balance the body's natural harmony. A wonderful treatment for relieving headaches, stress, muscular tension and promotes sleep.

30 min treatment £22.50

Thai Compress Massage

Based on the holistic principles of Ayurvedic medicine, hot herbal compresses are used to relieve chronic problems such as back pain, muscle pains and inflammation. The Thai herbal compress is made up of a wonderful blend of aromatic medicinal herbs which are applied to the body with distinctive movements making this a soothing, relaxing treatment

Full body treatment £45.00

Back, neck & shoulder £28.50

Holistic Massage

Body massage is a great way to energise, detoxify and soothe. It reduces muscle fatigue, stress, and cellulite giving a total feeling of well-being

Full body treatment (1 hour) £35.00

A massage tailored to suit your needs, your personalised blend of oils will either tone, detoxify or soothe the body as they are massaged into the skin.

Back, neck & shoulder (30 min) £23.50

This massage helps to relive tension and restore lost energy, choose from oils to soothe, energise, detoxify or tone to help ease aching muscles.

Back, face and scalp massage (60 min) £40.00

A unique treat for the upper body, face and scalp. Warm volcanic stones melt away stress and tension in the back, neck and shoulders. While aromatherapy oils calm the mind and relax muscles in the scalp and face. A truly sensational treatment.

Hot Stone Massage

The warmed volcanic stones create a sensational experience melting away stress and tension, relaxing your mind and body. This truly holistic experience brings harmony to both mind and body taking you into a deep state of relaxation

Full body treatment (Inc: face, scalp, foot & hand massage).	£45.00
Back, neck & scalp	£28.50

Luxury Face and Body Indulgence

(1 hour) £55.00

Escapes exclusive luxury face & body indulgence: Experience the perfect escape, this treatment duo - a sensational thermal massage, combined with an anti aging facial for total relaxation of the mind and body.

Bowen Technique (1 hour) £35.00

Bowen therapy is one of the greatest discoveries in modern health. A gentle and relaxing treatment that does not use forceful manipulation. It consists of a series of specific moves across muscles, tendons and other soft tissue. The technique addresses not only the musculoskeletal framework, but also the fascia, nerves and internal organs, improving circulation, lymphatic drainage and elimination of toxins.

There are essential pauses throughout the session to allow the body time to respond and begin the healing process. Treats: back and neck pain/frozen shoulder/sports injuries-chronic and acute/sciatica/joint pain/muscle spasm/hamstring strain/pain management/acute and chronic fatigue/ME/asthma/hay fever/digestive and bowel problems/MS/infant colic/bed wetting/PMT to name but a few.

Reiki - All treatments carried out by a Reiki Master

Reiki works on all levels: physical, psychological and mental, and has the greatest benefit on your emotional well-being. Reiki may benefit stress, tension, anxiety and Sleeplessness.

Full treatment (50 min)	£30.00
Specific area (25 min)	£20.00

Sports Massage/Deep Tissue Massage

A sports massage is beneficial for anyone involved in sport or for people with aching muscular complaints. Excellent for easing aching backs, neck, shoulders or legs as the benefits of sports massage are the release of muscle tension and pain. It reduces discomfort of muscle soreness and helps improve posture and flexibility. A wonderful treatment for people who like an invigorating and deep massage.

Full treatment (1 hour) £38.50

Specific area (30 min) £27.00

Natural Lift Facial Massage

This facial rejuvenation treatment incorporates a unique blend of highly effective techniques from Indian Face Massage (also known as Facial Rejuvenation or the Natural facelift - a face lift without surgery) with the complementary techniques from Japanese Facial Massage, and also Acupressure for the face, these new therapies are becoming increasingly popular with clients, making this a wonderfully relaxing massage to receive.

£35.00

Thai Foot Massage

This treatment combines acupressure, energy balancing, stretching and massage, using thumbs, hands and a wooden acupressure tool massage is applied to the lower legs and feet. A wonderful treatment to produce a deep and unique feeling of balance, relaxation and well-being. Great for tired feet and legs.

(45 min) £30.00

Seated Acupressure Chair Massage

A fully clothed treatment wonderful for relieving stress and tension around the scalp, neck shoulders and back.

(30 min) £23.50

Hopi Ear Candles

A relaxing American Indian therapy to remove excess wax and infection from the ears. Helps alleviate sinusitis, cold and flu, headaches and migraines. Combined with a pressure point massage to ease away tension. This treatment is completely painless and helps to rebalance the ear by drawing out impurities. It's relaxing, soothing and a natural alternative to syringing.

45min treatment (inc massage) £25.00

Bach flower Remedies

‘You can judge your health by your happiness’

(Dr. Edward Bach)

Dr. Edward Bach discovered 38 flower remedies back in the 1930’s. The remedies help us manage our emotions, balancing negative thoughts and feelings and allowing us to find our hidden strengths and potentials.

Learning to manage your emotions is a lifelong journey and when we feel at one with ourselves we feel energised, healthy and able to cope with everything life throws at us.

Consultation with treatment bottle (30 min)	£25.00
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Follow up treatment	£20.00
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Bach flower remedies are a simple system to use and if you know what remedies you require, a treatment bottle can be made up and purchased without consultation.

Treatment bottle	£ 5.00
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Meditation

Meditation classes are held at Escape please telephone for more information. Meditation is used for relieving stress, it helps stimulate the relaxation process, can help improve the immunity and healing due to the effect it may have upon our bodies systems.

Group (1 hour)	£7.50
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Individual session (30 mins)	£18.00
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Mum to be treatments

Also available Reflexology, Aromatherapy and Indian Head Massage.

Pregnancy Massage

Having regular massage during pregnancy will help your ability to relax during the first stage of labour, this can result in shorter and easier births. Research has shown that the baby can greatly benefit from the massage as endorphins (feel good hormones) are released by the mother during treatment, massage also encourages the release of oxytocin a pain reducing hormone vital for pain relief during labour.

This treatment is carried out by specially trained therapists.

Full body treatment (1 hour) incl. abdomen £35.00

Back, neck & shoulder (30 min) £23.50

Mother to be (1hr 15min) £50.00

Ideal from three months onwards, this combined facial, hand, leg and foot massage specially designed to soothe and condition your skin to leave you feeling relaxed, pampered and refreshed.

Treatments for Two (or more..)

Enjoy a treatment together for you and a friend, family or partner in our treatment room for two. Also available our new room for up to four people. A wonderful treat! Please request when booking.

Treatments available:-

All facials

Full body massage

Back & neck Massage

Indian head massage

Hot stone back & neck massage

Hopi ear candle

Pedicure

Please request when booking a deposit may be required.

Special packages

Escape's relax, revive & restore (2hr 15 min) £100.00

Full body brushing, thermal relaxing massage, regenerative facial & hot stone reflexology

Pure pamper (2hr 30 min) £90.00

Pure pampering includes everything you need to truly relax, including a body polish, a holistic back, neck and scalp massage, a skin brightening facial and choose from a luxury manicure or pedicure.

Detox experience (2hr) £70.00

This will help kick start your detox regime. It includes, a full body polish, a stimulating hip and thigh treatment, and an aromatherapy facial.

Decongest (2hr 15min) £75.00

Hopi ear candling, Revitalising eye rescue, Full body massage

Men only (1hr 30 min) £60.00

The perfect treat for men, this package includes a skin brightening facial, back exfoliation, mask and massage, or a sports back & neck massage.

Soothe & calm (2hr 15min) £85.00

Perfect for those looking to wind down this includes an aromatherapy back & neck massage with an aromatherapy facial and reflexology.

Tranquil (1hr 30 min) £58.00

Hot stones and aromatic oils are used along with massage over the back, neck, scalp and shoulder area, combined with an aromatherapy facial bringing powerful de-stressing benefits to mind and body.

Holiday package (2hr 45min) £85.00

Full body polish, pedicure, nail shape & polish, eyelash tint, eyebrow shape, half leg, underarm and bikini wax.

Pre-prom make-over £30.00 per person

Includes: Make up, Nail shape & polish, Beach babe spray tan

Under 16's treatments

Teen facial (45 min) £24.00

This facial will introduce teenagers to a healthy skin care routine, includes cleanse, tone, massage, mask and skin care advice – this facial is ideal for any skin including congested or problem skin.

Teen manicure (45 min) £15.00

Stand out and have the best nails around, a teen manicure includes nail shaping, cuticle work, massage and a choice of the hottest colours around.

Nail art can also be added if required.

Teen pedicure (45 min) £18.00

For the coolest feet, a teen pedicure includes, foot spa, exfoliation, nail shaping, cuticle work, massage and nail polish with nail art.

Teen make up lesson (45 min) £18.00

Teen neck & back massage (25 min) £18.00

Teen nail shape & polish (15 min) £5.00

Teen nail shape & polish (15 min) £5.00

Teen toe nail shape & polish (15 min) £7.00

Nail art £5.00

Eyebrow shape £5.00

Half leg wax £10.00

Beach babe spray tan £12.50

Teen Package (2 hr 30min) £54.00

Facial, Pedicure, Manicure & Eyebrow Shape

Ear Piercing £15.00

Children's parties!

Little Angels & Teen Angels

Thinking of what to do next? At Escape We specialise in organising pamper parties to suit children of all ages. Parents do not have to stay at the salon if they need a few hours to themselves!

Little Angels - Girls (6-12 years)

Treatments include:

- Mini facial
- Make up
- Foot spa and foot massage
- Hair design
- Nails painted
- Nail Art
- Sweet bag
- Photo session

£20.00 (per child): ~ Pamper party

£25.00 (per child):~ Pamper party & photo session -(photo included)

Limousines can be arranged to transport children to and from the party.

Please contact the salon for more information.

Teen Angels - Girls (13 – 16 years)

Treatments include:

- Chair massage, head, neck, face & shoulder (clothed)
- Hand & Arm Massage
- Nail shape & polish
- Make up
- Hair straightened or curled
- Photo session available

£30.00 Pamper party (per child):

£35.00 (per child): Pamper party & photo session -(Photo included)

Please Note: -

Photo sessions include: professional group photo,
individual proofs and sitting fee.

Extra photos are available to purchase if required.

Parties are held at the salon and all children have a fantastic day!

Parties can be held at various times,
please come in and visit us, or ring to book.

ESCAPE: 01268 285157

Pamper Parties

Are you looking for a tranquil de-stressing evening let us organise your party, leaving you time to relax and making the occasion one to remember.

At Escape we offer a variety of parties to include Hen parties, Bridal packages, Spray tan parties & corporate events, full use of salon can be arranged.

Please contact for more information.

Make over & Photo shoot - to include make up, hair design, professional photo sitting fee and photo proofs. £45-£60 (includes hair)

Discounts for group bookings

†Photos have to be paid for separately.

Gift Vouchers

Available for all Treatments - Please ask at reception

Accredited Training Diploma Courses

Our courses are available at Escape Training Academy which will be held throughout the year. These courses are available to existing therapists and beginners wanting to learn something new. We have been teaching in further education since 2000 and our tutors are nationally recognised as VTCT/NVQ Teachers and Assessors.

All our courses are Accredited by The Guild of Professional Beauty Therapists, The Guild of Professional Holistic Therapists and The Guild of Professional Nail Technicians. To see available dates and to book courses please go to:

www.beautyandholistictraining.co.uk or contact 01268 285157 for more information

BEAUTY COURSES

	PRICE
Facial	£145
Manicure	£125
Pedicure	£125
Waxing	£130
Hollywood	£75
Semi Permanent Lash Extensions	£150
Eye Treatments	£135
Nail Art	£75
Nail Acrylic	£135
Nail Gel	£135
Spray Tan	£95
Advanced Nail Techniques (sculpting, Maintenance)	£120

HOLISTIC COURSES

	PRICE
Thai Compress Massage	£125
Massage for Beginners	£115
Massage in Pregnancy	£130
Thai Foot Massage	£105
Hot Stone Massage	£125
Indian Head massage	£95
Hopi Ear Candle	£105
Seated Acupressure Chair Massage	£125
Advanced Deep Tissue Massage	£120
Hot Stone Reflexology	£110
Rejuvenation and Uplifting Face Massage	£125
Meditation for beginners	£95

Information

Please advise us of any health concerns at the time of booking to ensure your chosen treatment is suitable.

Booking & Cancellation: A credit card deposit may be needed to secure your appointment. Clients who wish to alter or cancel an appointment are requested to provide 48 hours notice or full payment for the treatment will be charged.

Deposits for workshops, parties, professional make up, packages and long appointments are Non-Refundable.

Gift vouchers are available and can be purchased in the salon or by telephone. These vouchers are redeemable for both treatments and products. They are valid for 6 months and cannot be replaced if lost.

To maintain the calming ambience of the salon, please kindly turn off your mobile phones.

As a courtesy to other clients following your appointment, late arrivals may result in a reduction of treatment time. We will endeavour to carry out what we can within the time slot allocated, or suggest a re-booking.

Treatments and prices are subject to change.